



**BIKE PATHS TRAILS and WHERE TO FIND THEM in the MADISON REGION**

\*denotes a multi-county trail

**DANE COUNTY**

[Badger State Trail\\*](#)  
[Cam-Rock County Park Trails](#)  
[Capitol City State Trail](#)  
[Glacial Drumlin State Park Trail\\*](#)  
[Madison Area Bikeways](#)  
[Military Ridge State Park Trail\\*](#)  
[Blue Mound State Park\\*](#)

**DODGE COUNTY**

[Wild Goose State Trail](#)

**GREEN COUNTY**

[Badger State Trail\\*](#)  
[Cheese Country Recreational Trail](#)  
[Fond-du-Lac – Berlin State Trail](#)  
[Mascoutin Valley State Trail](#)  
[Rush Lake Trail](#)  
[Sugar River State Park Trail](#)  
[Browntown-Cadiz Springs Recreation Area](#)

**IOWA COUNTY**

[Blue Mound State Park\\*](#)  
[Governor Dodge State Park](#)  
[Hyde Mill Tour](#)  
[Military Ridge State Park Trail\\*](#)

**JEFFERSON COUNTY**

[Glacial Drumlin State Park Trail\\*](#)  
[Glacial River Trail](#)

**ROCK COUNTY**

[Janesville Area Trails – Rock River Parkway](#)  
[Janesville Area Trails – Rock Trail](#)  
[Janesville Area Trails – Spring Brook Trail](#)  
[Janesville Area Trails – Spring Brook Trail Ex](#)  
[Rockport Park](#)

**SAUK COUNTY**

[“400” Trail](#)  
[Devil’s Lake State Park](#)  
[Mirror Lake State Park](#)

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